



SESLHD PEER EDUCATION AND YOUTH ADVISORY COMMITTEE (PEYAC)

'PEYAC' is a diverse group of enthusiastic young people, employed by SESLHD as peer educators and youth advisors. Supported by the PEYAC project team (HARP Health Promotion, Youth Health Program, Kirketon Road Centre), the group have undergone extensive training in sexual health, alcohol & other drug harm reduction, viral hepatitis, peer education outreach and consultation skills, mental health first aid, and consumer participation.

PEYAC members have experience in delivering peer education and health promotion activities, planning and delivering youth health initiatives, consulting with health services and delivering presentations.

The PEYAC group are available for consultation throughout SESLHD and can:

- Consult with your service and make recommendations to enhance its "youth friendliness"
- Provide feedback about strategies to enhance access to and engagement of young people in your service
- Review and co-design resources for young people (e.g. websites, pamphlets, activities)
- Assist in the development of new programs or services for young people
- Present about their activities at staff meetings, forums or training
- Deliver sexual health and harm minimisation peer education activities for young people in your service

TO DISCUSS YOUR CONSULTATION NEEDS OR FOR FURTHER INFORMATION, PLEASE CONTACT:

Sarah Smith (HARP Health Promotion Officer): sarah.smith2@health.nsw.gov.au

Stanya Sharota (Youth Health Program Manager): stanya.sharota@health.nsw.gov.au

Jessica Santos (KRC Youth Health Projects Officer): jessica.santos@health.nsw.gov.au