

Monday, 21 February, 2022

## FINAL DASH FOR SPORT CLUBS TO SCORE MENTAL HEALTH GRANT FUNDING

The clock is ticking for sporting bodies and clubs to put their hat in the ring for up to \$150,000 in funding to run mental health, resilience and wellbeing projects.

South Eastern Sydney Local Health District Acting General Manager Mental Health Services, Sharon Carey, said sporting bodies and sports clubs are invited to make a grant application to the \$2.8 million NSW Mental Health Sports Fund by Sunday 6 March, 2022.

“If you exercise regularly, it can help reduce your stress and symptoms of mental health conditions like depression and anxiety and assist with recovery from mental health issues,” Ms Carey said.

All NSW-based sporting bodies are encouraged to apply, with the aim of ensuring a spread of funding and projects across the state. Grants will be available to clubs supporting both general populations and the following priority populations:

- Aboriginal people
- Culturally and linguistically diverse people
- LGBTIQ+ people
- People with coexisting mental health, alcohol or other drug issues.

The program builds on the success of the \$1.1 million Mental Health Sport Fund in 2019-20.

“Sporting bodies and clubs are encouraged to apply for funding – we’re looking to our sporting clubs to inspire people to make their mental health and wellbeing a priority,” Ms Carey said.

To start your application, please visit:

<https://www.tenders.nsw.gov.au/?event=public.rft.show&RFTUID=34470A73-F66A-CCFE-3F6C1BEBF52B9393>

The grant process will be overseen by an independent Program Process Facilitator from O’Conner, Marsden and Associates.

An independent Probity Advisor, Centium Pty Limited, has been engaged to oversee the probity aspects of the grant process. For any probity-related questions, please contact Phil O’Toole on 1300 237 810.

The \$2.8 million NSW Mental Health Sports Fund is part of the \$130 million COVID-19 mental health recovery package announced in November 2021.